Family Advocacy Program

Dear MCAS

Yuma Families...
Domestic violence victims may feel trapped at home with an abuse and isolated from family, friends, and support networks during the COVID-19 crisis. Family Advocacy Program is available to LISTEN, offer SUPPORT and RESOURCES. Reach out anytime to our 24/7 helpline.

928-941-3650

YOU ARE NOT ALONE.
There IS help.

You are not alone.
Parents are experiencing a lot of stress during the COVID-19 shelter in place restrictions and may have fewer support and connections right now. Children are also experiencing their own stress and uncertainty during this time. Stressed parents may be more likely to respond to their children’s anxious behaviors or demands in aggressive or abusive ways. It’s important for parents to keep stress as low as possible and prioritize self-care. When you take care of yourself, you take care of your children and reduce the risk of violence.

Prioritize self-care.
As a community, we MUST do our part to protect victims of abuse.

Report incidents of domestic abuse, child abuse and child neglect to our 24/7 helpline.

928-941-3650

Reporters may remain anonymous.

Protect each other