



Drug Demand Reduction Program

FY 2017 Training (Calendar) Schedule

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Reference:

Substance Abuse and Mental Health Services Administration (2014). *Month-by-month prevention and promotion, call to action and planning guide*. Retrieved from www.samhsa.org

OCTOBER 2016

Focus: Drug use and abuse prevention awareness month.

Awareness Events:

1. Observance of National Red Ribbon Week – primary focus

- a. Promote Red Ribbon Week at MCX.
- b. Collaborate with SAP’s Alcohol-Abuse Prevention Program for the Red Ribbon ‘Trunk or Treat Event’
- c. Collaborate with Yuma-Anti Drug Coalition to promote Red Ribbon Week in the community.
- d. Hang Red Ribbon Week banners around MCAS Yuma.
- e. Promote through social media/MCCS MARQUEE

2. Mental health awareness week – correlation with substance use – 2nd week

- a. Distribute brochures around MCAS Yuma and Branch Medical Clinic.
- b. Create fact sheets to distribute through mass e-mail about the prevention of substance use and abuse and the promotion of mental, emotional and behavioral well-being.
- c. Promote through social media/MCCS MARQUEE

| Date | Time | Title | Prevention Level/Strategy | Room# | Target audience |
|-------|-----------|---|-------------------------------------|-------|--------------------------------|
| 17-18 | 0800-1600 | Drug Testing Coordinators/Observers Training | Selective/Educational | TBD | Appointed in writing by the CO |
| 20 | 1700-2100 | Red Ribbon: :2nd Annual Trunk or Treat” | Universal/EVENT | N/A | All hands |
| 22 | 1000-1400 | National Take-Back Day | Universal/Information dissemination | MCX | All hands |
| 24-28 | 1-week | RED RIBBON WEEK | Universal/Information Dissemination | MCX | MCAS Yuma and the community |

NOVEMBER 2016

Focus: ATOD awareness

Awareness event

1. ATOD Awareness

- a. Promote the awareness through social media
- b. Create an informational brochure (1-2 page) to distribute to the SACO and their units
- c. Promote through social media/MCCS MARQUEE

| Date | Time | Title | Prevention Level/Strategy | Room# | Target audience |
|-------|-----------|--|-------------------------------------|-------|--------------------------------|
| 8 | 0830-1000 | Drug brief: “Drunk and Drugged Driving” | Universal/Educational | TBD | All hands |
| | 1300-1530 | Drug brief: “Drunk and Drugged Driving | Universal /Educational | TBD | All hands |
| 9 | 0600-1700 | NDSL Trip | Selective/Comm. Based | TBD | SACO/UPC/OBS |
| 14-18 | 0800-1600 | SACO and ASACO Certification Course | Selective /6 CSAP Strategies | TBD | Appointed in writing by the CO |
| 22 | 1000-1400 | TABLE @ MCX | Universal/Information Dissemination | MCX | All hands |

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Drug Demand Reduction Program – Recipient of Secretary of Defense Community Drug Awareness Award

NOTE: Schedule is tentative and is subject to change

JANUARY 2017

Focus *Fetal impact of substance use and abuse awareness month*
Awareness events

1. National birth defects awareness month

- a. Enlist the help of branch medical clinic health educators to provide brochures to patients regarding the impact of substance use and abuse on birth defects.
- b. Share prevention materials with Parent Support Program and promote prevention through social media.

2. “Back-in-the-Saddle” events (BITS)

- a. Upon request by tenant commands, provide BITS.

3. National Drug Facts Week (NDFW)

- a. Visit Yuma Union District High School through MCAS Yuma School Liaison.

| Date | Time | Title | Prevention Level/Strategy | Room# | Target audience |
|------|-----------|--|---------------------------|-------|--------------------------------|
| 9-10 | 0800-1600 | Drug Testing Coordinator/Observer Training | Selective/Educational | TBD | Appointed in writing by the CO |
| 11 | 0600-1700 | NDSL Trip | Selective/Educational | N/A | SACO/UPC/Observers |
| 23 | 1000-1400 | NDFW: Yuma High School | Selective/Educational | N/A | High school students |
| 24 | 1000-1400 | NDFW: Cibola High School | Selective/Educational | N/A | High school students |
| 25 | 1000-1400 | NDFW: Kofa High School | Selective/Educational | N/A | High school students |
| 26 | 1000-1400 | NDFW: San Luis High School | Selective/Educational | N/A | High school students |
| 27 | 1000-1400 | NDFW: Gila Ridge High School | Selective/Educational | N/A | High school students |
| 30 | 1000-1400 | NDFW: Vista High School | Selective/Educational | N/A | High school students |

FEBRUARY 2017

Focus *Adult Children of Alcoholic (ACOA) awareness month*
Awareness events

1. ACOA and other drugs awareness

- a. Download and disseminate facts sheets within MCAS Yuma through the SACO’s.
- b. Promote through social media/MCCS MARQUEE
- c. Develop a local resource guide/list with support group information for the SACO and Substance Abuse Program (SAP) counselors.

| Date | Time | Title | Strategy | Room# | Target audience |
|------|-----------|-----------------------------------|-------------------------------------|-------|--------------------------------|
| 6-10 | 0800-1600 | SACO Certification Course | Selective /6 CSAP Strategies | TBD | Appointed in writing by the CO |
| 14 | 0830-1000 | Drug Brief: ACOA – SPEAKER | Universal/Educational | TBD | All hands |
| | 1330-1500 | | | | |
| 21 | 1000-1400 | TABLE @ MCX | Universal/Information Dissemination | MCX | All hands |

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MARCH 2017

Focus *Drugs and brain awareness month*
Awareness events

1. Traumatic Brain Injury (TBI) awareness month

- a. Develop and distribute pamphlets about the effects of substance abuse on the brain.
- b. Promote on social media/MCCS MARQUEE

2. Inhalant and poison awareness

- a. Provide training/briefs on inhalants.
- b. Distribute brochures
- c. Promote on social media

| Date | Time | Title | Prevention Level/Strategy | Room# | Target audience |
|---------|------------------------|--|-------------------------------------|-------|--------------------|
| 1 | 0600-1700 | NDSL Trip | Selective /Educational | N/A | SACO/UPC/Observers |
| 14 | 0830-1000 1330-1500 | Drug brief: "Drugs and the Brain" | Universal/Educational | TBD | All hands |
| 16 - 17 | 0800-1600 | Drug Testing Coordinator and Observer Training | Selective/Educational | TBD | SACO/UPC/Observers |
| 21 | 1000-1400 | TABLE @ MCX | Universal/Information Dissemination | MCX | All hands |
| 23 | 0830-1000 1330-1500 | Drug brief: "INHALANTS: The Tricky Drugs" | Universal/Educational | TBD | All hands |

APRIL 2017

Focus *World health day*
Awareness event

1. Collaboration with Branch Health Clinic

2. Collaboration with Health Promotion Department/Semper Fit

| Date | Time | Title | Prevention Level/Strategy | Room# | Target audience |
|------|------------------------|---|-------------------------------------|-------|---|
| 3-4 | 0800-1600 | DT Coordinator/Observer training | Selective/6-CSAP Strategies | TBD | Selected Marines/Sailors |
| 18 | 0830-1000 1300-1430 | Drug brief: "The Dangers of Mixing Prescription Drugs and Alcohol" | Universal/Education | TBD | Active duty military and DoD civilian employees |
| 20 | 1000-1400 | TABLE @ MCX | Universal/Information Dissemination | MCX | All hands |

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