

POSITIVE ACTION STEPS (FAMILY SURVIVAL SERIES)

It focuses on effective ways that parents can respond to a child abusing alcohol and other drugs. Communication, discipline, confrontation, caring, and parental example are all addressed, as well as how parents can get support from other parents, the school, and helping professionals. This video provides concrete and workable action steps that all parents can begin now.

PARENTS OF DRUG-ABUSING KIDS (FAMILY SURVIVAL SERIES)

It examines the typical reactions of parents who discover that their child is using drugs and suggests ways that parents can avoid unhelpful responses. This video will guide parents through the maze of fear, anger, hurt, and denial.

RECOGNIZING EARLY SIGNS OF ADOLESCENT ALCOHOL AND DRUG PROBLEMS (FAMILY SURVIVAL SERIES)

It focuses on the early behaviors that tell us if a child is involved with alcohol or other drugs, warning signs that indicate whether a young person is abusing or addicted, and reasons why kids continue to use drugs in spite of harmful consequences.

WHY OUR KIDS USE DRUGS (FAMILY SURVIVAL SERIES)

It focuses on what attracts kids to experiment with alcohol and drugs, why scare tactics have failed to prevent drug use, why there is no such thing as "responsible use" for kids, and why parents need to look at their own social use of alcohol.

THE BRAIN: THE ADDICTED BRAIN

This documentary takes viewers on a tour of the world's most prolific manufacturer and user of drugs – the human brain. The program explores developments in the biochemistry of addiction and addictive behavior. (26 minutes)

DATE RAPE DRUG: AN ALERT There is a new danger on the dating scene and it is lethal! (16 minutes)

Due to the limited supplies of video references, each item can only be checked out not more than 15 days.

OTHER TITLES AVAILABLE:

INHALANT ABUSE: KIDS IN DANGER/ADULTS IN THE DARK (18 minutes)

THE DRUG AVENGERS (1988) 67 minutes

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48 HOURS ON CRACK STREET (60 MINUTES)

HARD FACTS: SPEAK UP, PEAK OUT: Learning how to say no to drugs and dare to be different: RESISTING DRUG RELATED PRESSURE (56 minutes)

UPPERS, DOWNERS, ALL AROUNDERS (Part 1 & 2 – 30 minutes)

DVD FORMAT

CRYSTAL DARKNESS

Crystal Darkness is a 28-minute gripping documentary underscoring the frightening truth about Meth's devastating attack on our youth and their families. (28 minutes)

OXYCONTIN: KILLING THE PAIN

Whether prescribed by a physician or purchased on the street, painkilling drugs can be extremely effective in eliminating physical, emotional, and psychological distress. They can also be exceedingly addictive. (30 minutes)

JUST ONCE: THE DANGERS OF METH

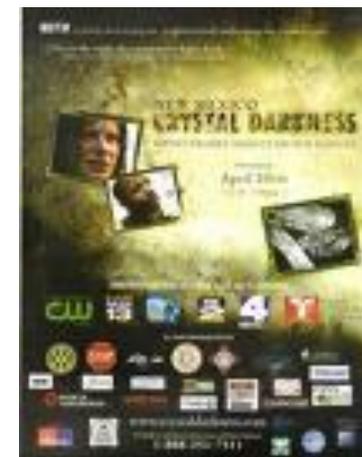
If interested in any of the videos listed, please contact your Unit SACO or Drug Demand Reduction Coordinator @ 269-2791

Or
Visit DDR Office, Bldg 598,
Room #143
For other titles.

DRUG DEMAND REDUCTION (DDR)



DDR Video Library



KNOWLEDGE IS POWER

VHS FORMAT

DRUGS: USES AND ABUSES (THC) If a user smokes three marijuana cigarettes per week, it can take up to two years of THC to completely exit the body after quitting. This program presents the cannabinoid THC and examines marijuana, hashish, and hash oil. Expert commentary is presented by various professionals. Together, they explain the history and biological effects of THC, investigating its uses, abuse, and hazards through case studies and personal experiences. (30 minutes)

DRUGS: USES AND ABUSES (STEROID) Following the overview of steroids as a class of drugs, this program examines the use and abuse of anabolic steroids and GHB, a steroid-like substance and date rape drug. Various professionals explore the history and biological effects of steroids, using case studies and personal experience to probe the abuse and many side effects of anabolic steroids. These side effects include impotence, liver tumors, renal failure, and "roid rage," which can lead to violence and even suicide. (24 minutes)

DRUGS: USES AND ABUSES (PSYCHEDELICS AND HALLUCINOGENS) Used at '60s rock music festivals and '90s all night underground dance parties, drugs like LSD and Ecstasy have a dangerous fascination for young adults. Various professionals provide background on psychedelics and hallucinogens as a class of drugs and study the history and biological effects of mescaline, psilocybin, LSD, and the designer drug MDMA. Utilizing case studies and personal experience, they explore these drugs use, abuse, and hazards, which include vivid flashbacks and critical serotonin depletion. (29 minutes)

DRUGS: USES AND ABUSES (NARCOTICS) Research shows that many teenagers think smoking heroin poses no great risk – in fact, the DEA estimates that more than two million teens have tried it. This program presents a profile of narcotics as a class of drugs and then spotlights opium, codeine, morphine, and heroin. (29 minutes)

DRUGS: USES AND ABUSES (SEDATIVES) Xanax, the popular successor to Valium, and Rohypnol, the notorious date rape drug, are both members of the same family. This program offers a summary of sedatives as a class of drugs and then focuses on barbiturates, tranquilizers, and alcohol, touching lightly on narcotics as well. (32 minutes)

DRUGS: USES AND ABUSES (PCP AND KETAMINE) PCP combines the effects of sedatives, stimulants, narcotics, and hallucinogens, making it an unusually unpredictable and therefore extremely dangerous drug. This program describes PCP and evaluates phencyclidine and the veterinary anesthetic ketamine. (17 minutes)

THE STEROID TRAP: TURNING WINNERS INTO LOSERS (1 of 2) Explores in detail how steroid work and how they affect the body. The possible dangerous effects of taking these drugs – both long and short term – are presented. (25 minutes)

THE STEROID TRAP: TURNING WINNERS INTO LOSERS (2 of 2) Presents in-depth interviews with three professional athletes. Two have used steroids and suffered ill effects. The third, a Handicap Olympics winner who has not used steroids, discusses the rewards of his accomplishments, drug-free. (15 minutes)

HEMP: CHASING SMOKE With the increasing perception that marijuana use is essentially harmless, it is more important than ever that people get credible, accurate information about this drug. In this video, medical experts, educators, and people of all ages share their knowledge to separate the myths from the reality. (30 minutes)

HAZARDS OF SUBSTANCE ABUSE: 2nd EDITION Drugs, alcohol – even some prescription medications – can significantly reduce an employee's ability to concentrate on the job and react quickly when something goes wrong. In this program, a series of vignettes dramatize the consequences of substance abuse in the workplace. (17 minutes)

EARLY WARNINGS This film teaches parents how to raise their children so that when they reach the peer group pressure age they will be less likely to abuse drugs. (23 minutes)

PRESCRIPTION FOR DANGER The misuse of prescription medicine is a growing problem. This program outlines six commonsense questions every patient should ask when given a prescription, like what activities should be avoided, and possible side effects. It also explains the importance of communication between patient, physician, and pharmacist to avoid potential problems. Saving medication, borrowing it from friends, and failing to take medications as prescribed are discussed as potential pitfalls. (27 minutes)

INHALANTS: A DEADLY HIGH The word "gateway" means "open the door to" or "leads to." In this addition to the damage inhalants can do to a user's mind and body, they can also lead to trying other drugs, possibly at a very young age. Substance abuse can start with inhalants and then jump to cigarettes and marijuana with alcohol poured into the mix the next level might be cocaine or heroin. (16 minutes)

STREET DRUGS "Street drugs" are any substance bought or sold, used or abused outside a normal doctor-patient relationship. Hosted by Jimmy Smits, this straightforward and objective film shows viewers how these drugs affect both the brain and the body. It describes initial effects, withdrawal and long term effects of each drug, and makes the dangers of drug use abundantly clear. (30 minutes)

A DOSE OF DEATH: HOMEOSTASIS AND SUBSTANCE ABUSE Leah Betts died on her 18th birthday from a powerful side effect of the designer drug Ecstasy. In this program, the mechanism of homeostasis and the life threatening metabolic impact of Ecstasy on the kidneys are discussed. (20 minutes)

SHROOMS-ECSTASY: INSIDE DOPE The agony behind the Ecstasy (15 minutes)

PHARMACOLOGY: DRUG INFORMATION SERIES Alcohol – 13 minutes, Depressants – 12 minutes, Hallucinogens – 10 minutes, Inhalants – 9 minutes, Marijuana – 12 minutes, Narcotics – 11 minutes, Stimulants – 10 minutes