



# Swim Lessons

**Session 1 Call-ins: June 5-15**

**Session 2: July 10-20 | Registration: June 18-July 5**

## Parent & Tot: 0730

Little or no experience. Designed to help a child feel comfortable in the water. Parent is involved and in the water at all times.

## Levels 1 & 2: 0930

Child must feel comfortable without parent and is old enough to stand up in shallow water unassisted before entering these levels.

**Session 3: Aug 7-17 | Registration: July 23-30**

## Parent & Tot: 1500

\*See description under **Parent & Tot** above.

## Levels 1 & 2: 1600

\*See description under **Levels 1 & 2** above.

## Preschool: 0830

Reluctant to enter the water and submerge. Flotation devices will be allowed if necessary.

## Levels 3 & 4: 1030

These levels give students success with fundamental skills and builds on the skills in these levels through additional guided practice.

## Pre-school: 1500

\*See description under **Pre-school** above.

## Levels 3 & 4: 1700

\*See description under **Levels 3 & 4** above.



**SWIMMING LESSONS:**  
**COST:** \$40.00 per person, per session  
**LENGTH:** Each session is 2 weeks in length  
**DAYS:** Tuesday-Friday  
 • 8 classes  
 • 30 minute sessions

## Adult Lessons

### Basic:

Little or no experience. Participants build confidence in and around water and learn basic swimming skills.

### Intermediate:

Participants work on improving skills and learning the basics of swimming strokes.

### Fitness:

Participants refine techniques and movement and begin skills for fitness swimming.

ADULT LESSONS ARE BY REQUEST ONLY



For more information call us at:  
**928-269-6199**