

# NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2.</b> BREAKFAST: CUBED HAM, BERRY MIX (STRAWBERRIES, BLUEBERRIES, BLACKBERRIES, RASPBERRIES)</p> <p>LUNCH: HM CHICKEN FRIED RICE, PEAS &amp; CARROTS, PEARS</p> <p>SNACK: SOFT PRETZELS, APPLESAUCE</p>	<p><b>3.</b> BREAKFAST: COTTAGE CHEESE, DICED PEARS</p> <p>LUNCH: TURKEY/CHEESE PIZZA, PEAS, PINEAPPLE</p> <p>SNACK: WGR GRAHAM CRACKERS, MANGO</p>	<p><b>4.</b> BREAKFAST: SCRAMBLED EGGS, FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p> <p>LUNCH: HM GRILLED CHEESE ON WGR BREAD, TOMATO SAUCE, APPLESAUCE</p> <p>SNACK: BISCUITS, ORANGES</p>	<p><b>5.</b> BREAKFAST: STRAWBERRY YOGURT, BANANA</p> <p>LUNCH: HM ROASTED PORK LOIN, ROASTED POTATOES, STRAWBERRIES</p> <p>SNACK: CHEERIOS, DICED PEACHES</p>	<p><b>6.</b> BREAKFAST: BOILED EGG, ORANGES</p> <p>LUNCH: HM BEEF &amp; BROCCOLI, MANGO</p> <p>SNACK: CN REFRIED BEANS, FLOUR TORTILLAS</p>
<p><b>9.</b> BREAKFAST: COTTAGE CHEESE, PEACHES</p> <p>LUNCH: HM CHICKEN SOUP, PEAS &amp; CARROTS, MANDARIN ORANGES</p> <p>SNACK: WGR BREAD, BROCCOLI</p>	<p><b>10.</b> BREAKFAST: BOILED EGG, MANDARIN ORANGES</p> <p>LUNCH: CN FISH STICKS, GREEN BEANS, MANGO</p> <p>SNACK: KIX CEREAL, APPLESAUCE</p>	<p><b>11.</b></p> 	<p><b>12.</b> BREAKFAST: VANILLA YOGURT, STRAWBERRIES</p> <p>LUNCH: HM BBQ. CHICKEN, BAKED BEANS, FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p> <p>SNACK: BREADSTICKS, MARINARA SAUCE</p>	<p><b>13.</b> BREAKFAST: CUBED HAM, APPLESAUCE</p> <p>LUNCH: HM MEATLOAF HM MASHED POTATOESS, WATERMELON</p> <p>SNACK: GRAHAM CRACKERS , FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p>
<p><b>16.</b> BREAKFAST: PEARS, COTTAGE CHEESE</p> <p>LUNCH: HM TURKEY DINNER, STEAMED SQUASH, WATERMELON</p> <p>SNACK: RITZ CRACKERS, MANGO CHUNKS</p>	<p><b>17.</b> BREAKFAST: VANILLA YOGURT, STRAWBERRIES</p> <p>LUNCH: CN CHICKEN NUGGETS DICED PEACHES, HM FRECH FRIES</p> <p>SNACK: CHEERIOS BANANAS</p>	<p><b>18.</b> BREAKFAST: SCRAMBLED EGGS W/ CHEESE, APPLESAUCE</p> <p>LUNCH: HM BEEF LASAGNA, BROCCOLI, PINEAPPLE CRUSHED</p> <p>SNACK: CHEX CEREAL, PEACHES</p>	<p><b>19.</b> BREAKFAST: BANANA, STRAWBERRY YOGURT</p> <p>LUNCH: HM BEEF CHILI, ORANGES, GREEN BEANS</p> <p>SNACK: WGR PITA BREAD, APPLESAUCE</p>	<p><b>20.</b> BREAKFAST: TURKEY BACON, RASPBERRIES</p> <p>LUNCH: CN ORANGE CHICKEN, DICED CARROTS, FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p> <p>SNACK: WAFFLES, BLUEBERRIES</p>
<p><b>23.</b> BREAKFAST: CUBED HAM, FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p> <p>LUNCH: HM CHICKEN NOODLE SOUP, PEAS &amp; CARROTS, PEARS</p> <p>SNACK: BISCUITS, APPLESAUCE</p>	<p><b>24.</b> BREAKFAST: BOILED EGG, MANDARIN ORANGES</p> <p>LUNCH: HM CHEESE QUESADILLA ON WGR TORTILLA, REFRIED BEANS, MANGO</p> <p>SNACK: CHEX MIX, BANANA</p>	<p><b>25.</b> BREAKFAST: COTTAGE CHEESE, APRICOTS</p> <p>LUNCH: CHICKEN ALFREDO, WGR PASTA, BROCCOLI, WATERMELON</p> <p>SNACK: CHERRIOS, CANTALOUPE</p>	<p><b>26.</b></p> 	<p><b>27.</b> BREAKFAST: SCRAMBLED EGGS, APPLESAUCE</p> <p>LUNCH: HM ALBONDIGA SOUP, ZUCCHINI, PEACHES</p> <p>SNACK: CORNBREAD, STRAWBERRIES</p>
<p><b>30.</b> BREAKFAST: CUBED HAM, , FRUIT COCKTAIL (PEACHES, PINEAPPLE, PEARS, CHERRIES)</p> <p>LUNCH: HM CHICKEN NOODLE SOUP, DICED PEARS, PEAS &amp; CARROTS</p> <p>SNACK: BISCUITS, APPLESAUCE</p>		<p><b>*Whole milk is provided for all children 12-23 months and 1% or skim milk is provided for all children 24 months and older. Water is offered with all meals. All juices served are 100% fruit juice. All cheeses are low-fat. This is an equal opportunity provider. CN: CHILD NUTRITION LABEL HM: HOME MADE WGR: WHOLE GRAIN RICH</b></p>		